

## COVID-19: Cleaning Protocols for Clubs

# Frequently Touched Surfaces

For the purposes of resumption of activities Stage 2 within the City of Cockburn, this applies to toilets and storeroom areas, plus any area used as a thoroughfare to access these two areas.

**Examples of Frequently Touched Surfaces include but are not limited to: door handles; hand rails; toilet seats, push buttons; taps; tables; benches; remote controls; light switches; fridges.**

### 1. Purpose

This protocol is to provide an outline of the proper cleaning and disinfecting measures to be taken by clubs using Council facilities for their activities.

### 2. Important Notes



**Cleaning and disinfecting are two different processes**

#### **Cleaning**

Physically removing germs, dirt and grime from surfaces.

#### **Disinfecting**

Using chemicals to kill germs on surfaces

- It is important to clean **before** disinfecting. A combination of cleaning and disinfection will be most effective in removing the COVID-19 virus if present.
- Cleaning reduces the soil load on the surface, allowing the disinfectant to work and kill the COVID-19 virus.
- **Disinfectant may not kill the virus if the surface has not been cleaned with a detergent first.**

### 3. PPE (Personal Protective Equipment)

Persons cleaning an area must be equipped with appropriate PPE.

Refer to the protocol for **Managing Cleaning Equipment, Products and PPE** for full information on PPE.

PPE should not be shared.

Clean your hands using soap and water for at least 20 seconds, or where this is not possible use hand sanitiser before putting on and after removing PPE.

### 4. Routine Cleaning

Detergent and water are suitable for **cleaning**.

Surfaces should be cleaned after each use.

**Thoroughly** clean surfaces using detergent and water.

Always start with the cleanest surfaces first before moving to the dirtiest surfaces to minimise the transfer of germs to cleaner surfaces.

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Where cleaning on or around electrical equipment/fittings, isolate electrical equipment and turn off power source if possible before cleaning with liquids.

### 5. Disinfecting



Refer to the protocol for *Managing Cleaning Equipment, Products and PPE* for suitable disinfecting products.

All surfaces should be cleaned before applying a **disinfectant**.

A disinfectant will not kill germs if the surface has not been cleaned first.

Apply disinfectant to surfaces using disposable paper towel or a disposable cloth. If non-disposable cloths are used, ensure they are laundered and dried before reusing.

Allow the disinfectant to remain on the surface for the period of time required to kill the virus (contact time) as specified by the manufacturer. If no time is specified, leave for 10 minutes.

More frequent cleaning and/or disinfection will be required in places with a high volume of people likely to be touching surfaces

### 6. Frequency

It is recommended that at a minimum frequently touched surfaces in toilets and storerooms are cleaned and disinfected each day after training sessions have occurred.

Should there be multiple groups using the facilities for longer periods during the day and the area is frequently used, this should be three times of day (every two-three hours).

### 7. Suspected or Confirmed Case of COVID-19

If a person is suspected or confirmed to have COVID-19 please contact the City of Cockburn immediately.

### 8. Records Management

Clubs are advised to keep a record of the date and all times that cleaning and disinfecting has taken place within the facility

### 9. More Information

#### Australian Government Department of Health

Coronavirus (COVID-19) Information about routine environmental cleaning and disinfection in the community - <https://www.health.gov.au/resources/publications/coronavirus-covid-19-information-about-routine-environmental-cleaning-and-disinfection-in-the-community>

#### COVID Safety Guidelines – Sport and Recreation -

<https://www.wa.gov.au/sites/default/files/2020-05/COVID-19-Safety-Guidelines-Sport-and-Recreation.pdf>